



Hawaiian Ultra Running Team

2006 H.U.R.T. Trail Series



- April 15 **Top of Tantalus 7 mile** (Rex Vlcek 497-7415 vlcekr@hawaii.rr.com
& Bob Murphy 838-1399 rmurphy@iss-md.com)
- May 13 **Run with a View 8+ mile** (Cheryl Loomis 488-0784
cheryl.loomis@cubic.com) & Don Fallis 247-4144 expo@hawaii.rr.com)
- June 3 **Mango Madness 10+ mile** (Pete Martinez 538-7080
petem@ebizhawaii.com & Kat Tagaca 956-3193
ktagaca@soest.hawaii.edu)
- July 1 **Kaena Point Firecracker 10 mile** (Bob & Barbi McAllaster 225-2864
bobm@org-fitness.com)
- Aug 12 **Maunawili Out & Back 22 mile & Relay** (Jeff Huff 834-1648
jeff.huff2@verizon.net)
- Sept 2 **Tantalus Triple Trek 50k** (PJ Salmonson 235-0577 hurtpals@aol.com)*
- Oct. 14 **Hogsback 12 Hr.** (John Salmonson 566-6543 hurtpals@aol.com)*

All races to start at 7:00 am on Saturday, with the following exceptions:

*Tantalus Triple Trek to start at 5:30 am

*Hogsback 12 Hr. to start at 6:00 am

Entry fee: \$10 per race/per person or \$50 for the series of 6 races. No early sign-ups or race applications/entry forms, just show up race morning, at least 30 minutes prior to race start.

Shirts: \$20 (limited number—they go fast)

For general information contact: Don Fallis 247-4144 expo@hawaii.rr.com or
John Salmonson 566-6543 hurtpals@aol.com

Visit us on the web at www.hurthawaii.com

Feel free to join us on our weekly training runs announced on this web site.