



# Hawaiian Ultra Running Team

## 2006 H.U.R.T. Trail Series



- Aug 12                    **Maunawili Out & Back 22 mile & Relay** (Jeff Huff 834-1648  
[jeff.huff2@verizon.net](mailto:jeff.huff2@verizon.net))
- Sept 2                    **Tantalus Triple Trek 50k** (PJ Salmonson 235-0577 [hurtpals@aol.com](mailto:hurtpals@aol.com))\*
- Oct. 14                   **Hogsback 12 Hr.** (John Salmonson 566-6543 [hurtpals@aol.com](mailto:hurtpals@aol.com))\*

**All races to start at 7:00 am on Saturday, with the following exceptions:**

\*Tantalus Triple Trek to start at 5:30 am

\*Hogsback 12 Hr. to start at 6:00 am

**Entry fee:** \$10 per race/per person or \$50 for the series of 6 races. No early sign-ups or race applications/entry forms, just show up race morning, at least 30 minutes prior to race start.

**Shirts:** \$20 (limited number—they go fast)

For general information contact: Don Fallis 247-4144 [expo@hawaii.rr.com](mailto:expo@hawaii.rr.com) or  
John Salmonson 566-6543 [hurtpals@aol.com](mailto:hurtpals@aol.com)

**Visit us on the web at [www.hurthawaii.com](http://www.hurthawaii.com)**

*Feel free to join us on our weekly training runs announced on this web site.*